

## ***SEXUAL AGGRESSION PREVENTION INFORMATION***

### ***Tips on Reducing Your Risk of Being Sexually Assaulted***

1. If you don't feel comfortable in a situation, leave.
2. Don't put yourself in a situation where you have to depend on other people to take care of you. When on a date, don't feel you "owe" that person anything.
3. Be careful when inviting someone into your home or going to someone's home.
4. Remember don't mix alcohol and drugs with making sexual decisions.
5. When going on a first date you don't have to go alone, consider group dates and public places.
6. Be aware of date rape drugs. Even though the person seems "nice" don't accept beverages from open containers, or ordered without your presence. Don't leave your drink unattended.
7. Walk near the curb and avoid dark isolated areas.
8. Avoid falling for lines such as "If you loved me... If your partner loved you, he/she would respect your feelings, and wait until you are ready.
9. Use only well-lit entrances.
10. Avoid individuals who: don't listen to you, ignore personal space boundaries, try to make you feel guilty or say derogatory things when you resist sexual advances; express sexist attitudes and jokes; act jealous or possessive.

### ***If you have been sexually assaulted:***

- Find a safe place away from the perpetrator.
- Preserve evidence of the assault by not changing the environment or your physical condition by cleaning your body, clothes, and do not eat.
- Get help from a trusted friend and/or AASU Housing Staff (on campus), AASU Campus Police, or University Counseling Center. If it occurs off campus contact the local police department or Rape Crisis Counseling Center. Getting medical attention is encouraged. These resources can assist in meeting your needs.
- The choice to take legal actions is yours.

### ***If someone you know has been sexually assaulted:***

- Believe the person, listen, and reinforce the fact that the assault is not their fault.
- Encourage them to treat their medical needs.
- Let them make their own decisions.

### ***IMPORTANT CONTACT NUMBERS:***

***AASU CAMPUS POLICE***

***EMERGENCY***

***912-344-3333***

***RAPE CRISIS CENTER***

***912-233-7273***

***Of The Coastal Empire***

***1-888-241-7273 (toll free)***

***UNIVERSITY COUNSELING CENTER***

***912-344-2529***

2/08, rev. 6/08

(Source Material from Pennsylvania Coalition Against Rape, [www.pcar.org](http://www.pcar.org))